

COUNSELING & PSYCHOLOGICAL SERVICES

2019-2020

MISSION

To be a nationally recognized leader in college mental health through providing outstanding prevention, education and counseling services.

50
Full-Time Employees

3
Embedded Counselors

6
Doctoral Interns

5
Graduate Assistants

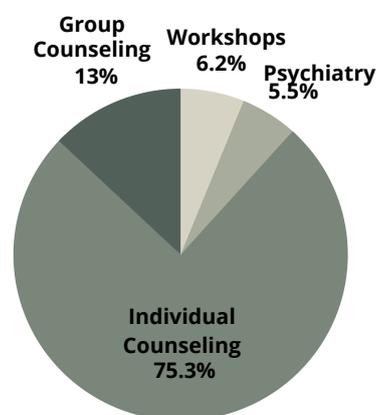
ACCOMPLISHMENTS

Created the Suicide Awareness & Prevention Office within CAPS. This office provides education and training for students, faculty and staff related to suicide prevention.

Completed full IT consolidation into DSA DoIT. As a result, Point and Click, a sophisticated Electronic Medical Record storage and scheduling system, was adopted allowing students to use the secure portal for scheduling and sharing psychoeducational information. Made significant updates to the CAPS website including the addition of resources for students, faculty, and staff.

Moved into the new Student Services Building in Dec. 2019. We continued service availability for students while transitioning from White Creek and setting up our new spaces for the grand opening in January. We look forward to utilizing this space for many years to come.

CLINICAL SERVICES



20,125

Total Clinical Appointments

4,440

Total Unique Students Served

COVID-19 RESPONSE

- Adjusted clinical and outreach services to telehealth format.
- Converted 5 workshops into video resources and created 3 webinars specific to coping during COVID-19. Added to online library of self-help resources on the CAPS website.
- Provided consultation to faculty, staff and families.

CRISIS INTERVENTION & PREVENTION

652 Crisis Related Appointments

993 Suicide Awareness & Prevention Gatekeepers Trained

926 HelpLine Calls

CAMPUS ENGAGEMENT

28,357

Students reached through outreach presentations

77

Students impacted by Let's Talk program

Regular collaboration with Student Health Services, Veteran Resource & Support Center, Athletics, Residence Life and Student Assistance Services.

PROFESSIONAL TRAINING

40+ years as an APA-accredited site for pre-doctoral internship in Health Service Psychology. Provide training for LPC, LCSW, psychiatric nurse practitioners and master's level practicum students.

GOALS MOVING FORWARD

- Provide brief mental health services that advance student development and academic success. A major goal for our clinical operation is the continued enhancement of a system that increases our availability to students and utilizes supplemental resources such as groups and workshops in a clinically appropriate manner.
- Assist in the creation of a healthy campus environment through community awareness, stigma reduction and fostering emotional wellbeing with the larger campus community. Continue to build relationships with faculty, staff, and students in ways to support mental health and utilize mental health messages on social media and our website to reach the broader university community.

